



FAITH OVER FEAR

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EXERCISE

Faith is a gift.

- Make a list of at least 30 passages that remind you of God's promises.
- On a calendar, write a verse on each day of the month. Pray through the passage on that day.

Faith is a promise and a person.

- Review the daily promise passage you listed for the day. At the end of your day, record the ways you saw God show up and fulfill that promise.

We can walk by faith amid chaos.

- What challenges or chaos do you feel you are facing today? How does your promise passage for the day speak to that challenge?

Challenge your team to complete this exercise as well. In your weekly or monthly time together, debrief how you are seeing God's promises come alive in your lives. How does this fulfillment they speak into the fears you are facing?

