

NOTES

4 Areas to Consider

1. _____
2. _____
3. _____
4. _____

REFLECTION QUESTIONS

Does your wife have a support system? If not, how can you help her develop one?

Though you may not be able to make every boundary clear for your wife, what boundaries can you create for your wife for her benefit?

When was the last time you asked your wife how she is doing and looked for areas where she is struggling?